

## SAQ Freestyle Dressage Rules and Elements

- Only elements within the nominated level can be used - Use of elements from other levels will incur elimination
- Intentionally performing elements above the level will incur immediate elimination
- All elements are required to be performed
- Riders must enter the arena within 20 seconds of music beginning.
- Riders must halt and salute on entry and exit
- Music must cease at the final salute.
- Test time will start as rider moves away from salute and stops at the final salute.
- Music to be saved onto CD. Please ensure that your music is the only track on the CD. It is advisable to bring an extra copy of music in case of technical failure.
- No offensive language in music.
- Theme costumes are welcome and encouraged however not compulsory.
- Freestyle competitions do not incur grading points.

<b>Walk Freestyle Required Elements: Maximum time 4 minutes</b>
Free Walk
Medium Walk
3 Loop Serpentine Walk
20m Circle Left: Medium Walk
20m Circle Right: Medium Walk
Halt, immobility for 3 seconds

<b>Preparatory (Walk/Trot) Freestyle Required Elements: Maximum time 4 minutes</b>
Free Walk
Medium Walk
3 Loop Serpentine: Working Trot
20m Circle Left: Working Trot
20m Circle Right: Working Trot
Halt, immobility for 3 seconds

<b>Preliminary (Walk/Trot/Canter) Freestyle Required Elements: Time limits 4 - 6 minutes</b>
Free Walk
Medium Walk
3 Loop Serpentine: Working Trot
20m Circle Left: Working Trot
20m Circle Right: Working Trot
10m Half Circle Left: Working Trot
10m Half Circle Right: Working Trot
Lengthened Strides: Working Trot minimum x 2
Working Canter Left
Working Canter Right
Halt, immobility for 4 seconds